



## ARAB COALITION FOR ADOLESCENT HEALTH & MEDICINE

### 4<sup>th</sup> Mena Region Adolescent Health Conference

*Hurghada, Egypt*  
*1<sup>st</sup> - 3<sup>rd</sup> December - 2021*

تحت رعاية  
جامعة الدول العربية

UNDER THE PATRONAGE OF  
THE **LEAGUE OF ARAB STATES**

**ADOLESCENTS' CARE:**  
*leaving no one behind*

**Agenda**

# DECEMBER 1<sup>st</sup>, 2021

09:00 – 11:00 **Opening Session**

## OPENING REMARKS

- **Dr. Mamdouh Wahba** (*ACAHM, President*)  
**Welcome**
- **Dr. Fadoua Bakhadda** (*IPPF Arab World Region, Regional Director*)  
**IPPF vision for the role of Youth in SRHR**
- **Dr. Nicola Jones** (*Director, GAGE, Overseas Development Institute*)  
**The social determinants of health in the context of the Decade for Action:**
- **Dr. Oliver Petrovic**  
(*Chief of Health, UNICEF*)
- **Dr. Bishr Imam**  
(*UNESCO, Acting Regional Director*)
- **Dr. Samir Anouti**  
(*UNFPA, Regional Office*)
- **Ms. Leslie Reed**  
(*Mission Director, USAID/Egypt*)
- **Dr. Maha Al Adawi**  
(*WHO/EMRO*)
- **HE Ambassador Dr. Haifa Abou Ghazaleh**  
(*League of Arab States*)

## ADOLESCENTS TALENTS SHOW



# DECEMBER 1<sup>st</sup>, 2021 cont.

11:30 – 12:45 **Keynote session**

**Chairperson** : **Fadia Al Buhairan** (Saudi Arabia)

**Rapporteur** : **Shereen Abdel Ghaffar** (Egypt)

- **Supporting every school to become a foundation for healthy life**  
**Didier Jourdan** (*UNESCO GLOBAL CHAIR*)
- **Making every school; a health promoting school**  
**Khalid Siddeeg** (*WHO/EMRO*)
- **Towards Effective Comprehensive Sexuality Education in the Arab Region**  
**Samir Anouti** (*UNFPA*)
- **Mental Health and Psychosocial Support Services for Adolescents: Challenges and Opportunities in MENA region:**  
**Shirley Mark Prabhu** (*UNICEF, Regional Office*)
- **Boosting SRHR for Young People in 2030 Agenda:**  
**Anita Nyanjong** (*IPPF*)
- **Positive Youth Development Approach**  
**Sally Saher** (*USAID/Egypt*)

# DECEMBER 1<sup>st</sup>, 2021 cont.

12:45 – 01:30

## COMPREHENSIVE SEXUALITY EDUCATION IN CONSERVATIVE CONTEXTS: WHO Seminar

**Chairperson** : Magdy Khaled (Egypt)

**Rapporteur** : Hanan Al Shankiti (Saudi Arabia)

- **Overview of CSE in the region**  
**Shatha Elnakib** (*WHO consultant*)
- **Experience implementing CSE programs globally**  
**Didier Jourdan** (*UNESCO*)
- **Five things that we need to do/do differently to reach children and adolescents with the sexuality education they need and want within and outside schools.**  
**Chandra Mouli** (*WHO*)
- **Learning beyond the classroom: Lessons and examples from Comprehensive Sexuality Education programming in the COVID-19 pandemic**  
**Bothaina Qamar** (*UNFPA*)

**Chairperson** : Danielle Kemmer (Canada)

**Rapporteur** : Jennifer Dabis (Palestine)

- **Gender and mental health of adolescents in Egypt**  
**Abeer Salem** (*Egypt*)
- **My heart hurts a lot ... the doctors told me it is from stress': Adolescent mental health and psychosocial wellbeing in Gaza, Jordan and Lebanon:**  
**Bassam Abu Hamad** (*Palestine*)
- **The Starving brain; a novel pediatric eating disorders program in Qatar:**  
**Samer Ali** (*Syria*)
- **Female adolescents mental wellbeing in Palestine refugee camps in Jordan and the West Bank**  
**Reem Ladadwa** (*Palestine*)
- **Promoting sustainable mental health interventions for children and adolescents in Egypt:**  
**Sameh Hendi** (*Save the Children, Egypt*)
- **Social support on adolescents' mental health: Post-flood exploration in Kerala**  
**Johnson Ponthempilly** (*India*)
- **Behavior Assessment of pre-arrested adolescents in Erbil City:**  
**Hoger Sedeeq** (*Iraq*)



**Chairperson** : Samir Anouti (Lebanon)

**Rapporteur** : Galina Lesco (Moldova)

- Exploring KAP among men in the Gaza Strip related to SRHR and child rearing: emerging findings from the AFD project baseline study:  
**Ziad Yaish** (*Palestine*)
- Obstructive Mullerian Duct anomalies in adolescent girls: Ongoing experience:  
**Hanan Alshankiti** (*Saudi Arabia*)
- Exploring consequences of child marriage in protracted crises among Palestinian and Syrian refugees:  
**Sarah Alheiwidi** (*Jordan*)
- Menstrual preparation for adolescent girls living in Palestinian refugee camps in the West Bank of Palestine and Jordan: a qualitative study:  
**Rula Ghandour** (*Palestine*)
- Maternal and fetal outcomes of pregnancy among adolescents: A prospective descriptive study:  
**Amer Balafair** (*Yemen*)
- Provider and young clients' attitudes towards a brief behavioural intervention for sexual health for adolescents in Moldova:  
**Viorel Babii** (*Moldova*)
- Adolescents Reproductive Health indicators in Palestine:  
**Niveen Abu-Rmeileh** (*Palestine*)
- Identified gaps preventing Jordan from having a better Adolescents Sexual and Reproductive Health: A summary of project report:  
**Raghad Al Kafawin** (*Jordan*)

04:00 – 05:00 GENDER AND VIOLENCE:

**Chairperson** : Abeer Salem (Egypt)  
**Rapporteur** : Thanaa Al Hammami (Iraq)

- **“A Boy Would Be Friends With Boys and a Girl With Girls”:  
Gender Norms in Early Adolescent Friendships in Egypt and Belgium:  
Ghada Al Attar (Egypt)**
- **Scaling-up Interventions to Address Child Early and Forced Marriage.  
Mahi Bebawi (Pathfinder, Egypt)**
- **Speaking out to overcome mental stigma of violence :  
Sara Aziz (Egypt)**
- **Bullying and victimization among adolescents in governmental  
schools in Aswan city, Upper Egypt:  
Hasnaa Khairy (Egypt)**
- **Tools to enhance the protection of adolescents from GBV and  
harmful practices and promote their SRHR:  
Sireen Khammash (Palestine)**
- **Engaging young men and adolescent boys in gender equity  
programs in humanitarian settings: A scoping review:  
Myriam Dagher (Lebanon)**

04:00 – 05:00

ADDRESSING ADOLESCENT HEALTH NEEDS

**Chairperson** : Amani Abou ElSeoud (Egypt)**Rapporteur** : Hasnaa Khairy (Egypt)

- **Adolescents and the ramifications of the disadvantaged:**  
**Maged Ragaie** (*Egypt*)
- **The Comprehensive Multidimensional Approach for Adolescents with Cancer Management:**  
**Nisreen Qatamish** (*Jordan*)
- **“Mostashari”: The First Arabic Mobile Application for Adolescents and young people:**  
**Sabreen Abeed Allah** (*Palestine*)
- **Uzbekistan efforts to accelerate action for the health and wellbeing of adolescents:**  
**Olga Kim** (*Uzbekistan*)
- **Ethical challenges for adolescent health information systems in low resource and humanitarian settings: A scoping review:**  
**Maisa Nemer** (*Palestine*)
- **Behavior Assessment of pre-arrested adolescents in Erbil City:**  
**Hoger Sedeeq** (*Iraq*)



# DECEMBER 2<sup>nd</sup>, 2021

09:00 – 09:30 **Keynote Session:**

**Chairperson** : Mohamed Abu Nar (Pathfinder)  
**Rapporteur** : Malak Yasser (Egypt)

- **Adolescents and the COVID-19 pandemic: a panel exploring experiences and perspectives from MENA:**  
**Bassam Abu Hamad** (*GAGE*)
- **Adolescent vaccination, Needs, challenges and opportunities**  
**Nada Ahmed** (*EMPHNET*)

09:30 – 10:15 **CHILD MARRIAGE IN THE MENA REGION:  
TRENDS, CORRELATES AND INTERVENTIONS  
WHO SYMPOSIUM**

**Chairperson** : Khalid Siddeeg (WHO)  
**Rapporteur** : Shirley Mark Prabhu (UNICEF)

- **Overview of child marriage in the region**  
**Shatha Elnakib** (*WHO consultant*)
- **Five things that we need to do/differently to move sound national policies and strategies on ending child marriage into concrete action in poor and rural**  
**Chandra Mouli** (*WHO*)
- **Child Marriage in the context of COVID-19**  
**Indrani Sarkar** (*UNICEF MENARO*)  
**Shadia Elshiwiy** (*UNFPA ASRO*)
- **Experience implementing girl-led child marriage programming**  
**Ghida Annani** (*ABA'AD*)

# DECEMBER 2<sup>nd</sup>, 2021 cont.

## 10:15 – 11:00 GENUINE PARTICIPATION OF CHILDREN & YOUNG PEOPLE UNESCO CHAIR, GLOBAL HEALTH AND EDUCATION WORKSHOP

**Chairperson** : Didier Jourdan (CHAIRHOLDER, UNESCO Chair, France)  
**Moderator** : Silvia de Ruyter (UNESCO CHAIR, Netherlands)  
**Rapporteur** : MinChien Tsai (Associated researcher UNESCO Chair Global Health & Education, Taiwan)

## 11:30 – 12:15 ADDRESSING ADOLESCENTS' HEALTH CHALLENGES UNICEF WORKSHOP

**Moderator** : Nevine Dous (Egypt)

- **Adolescents' health challenges**  
**Gamal Al Kashef** (MOH Egypt)
- **Mental health & psychosocial support**  
**Nevine Dous** (UNICEF Egypt)
- **Nutrition and adolescent wellbeing**  
**Moatez Saleh** (EGYPT)

## 12:15 – 01:30 YOUTH DIALOGUE SESSION: YOUTH ROLE IN ADVOCACY FOR ADVANCING SRHR AGENDA IPPF Arab World Office

**Moderator** : Ulukbek Batyrgaliev (Kyrgyzstan)

**Participants:** : Riadh Alloua (Algeria)  
: Nadine Talaat (Egypt)  
: Diya Hirmas (Palestine).  
: Ammar Al Salama (Syria)  
: Duaa Abdrhman Abobakr (Sudan)

02:30 – 03:30 **Impact of COVID 19:**

**Chairperson** : **Nevine Dous** (UNICEF, EGYPT)  
**Rapporteur** : **Abdel Aziz Alalwan** (Saudi Arabia)

- **Impact of COVID-19 lockdown on dietary and lifestyle behaviors among adolescents in Palestine:**  
**Jennifer Dabis** (*Palestine*)
- **Effect of COVID-19 on the uptake of Public Reproductive Health Services for adolescent in our programs in Greater Cairo, Menia, Dameitta and Alexandria governorates, Egypt”.**  
**Nancy Ibrahim** (*Egypt*)
- **Impact of COVID-19 upon adolescents’ health in Aden, Yemen:**  
**Abdulla Bin Gouth** (*Yemen*)
- **Adaptation of youth friendly health services to COVID19 pandemic situation: experience of Republic of Moldova.**  
**Galina Lesco** (*Moldova*)
- **The Impact of COVID-19 on the Psychosocial and Mental Well-Being of Palestinian Adolescents:**  
**Hala Al Abbady** (*USA*)
- **An advocacy brief on adolescents’ health and COVID 19:**  
**Rehab Sandouka** (*Palestine*)
- **High school students’ perceptions towards COVID-19 vaccination:**  
**Sukaina Essalih** (*Morocco*)

**Chairperson** : Beatrice Khater (Lebanon)  
**Rapporteur** : Abdallah Ben Ghouth (Yemen)

- **Exploring Physical Activity and Sport Participation for MENA Adolescents:**  
**Caroline Barakat** (*Canada*)
- **Determinants of Tobacco smoking among adolescents, West Bank-Palestine:**  
**Hanan Abed** (*Palestine*)
- **Lifestyle of Adolescents in Argentine:**  
**Mauricio Scarpello** (*Argentine*)
- **Smoking behavior in adolescents; the role of psychological distress and COVID-19 :**  
**Abdulaziz Al Alwan** (*Saudi Arabia*)
- **Adolescents' understanding of health in Kurdistan region of Iraq :**  
**Hamdia Ahmed** (*Iraq*)
- **Female adolescent Life- Style Factors Associated with Premenstrual Syndrome:**  
**Aveen Hajimam** (*Iraq*)
- **Health related quality of life and oral health in Palestinian adolescents: what, how and future implications:**  
**Shahenaz Najjar** (*Palestine*)

02:30 – 04:30 SCHOOL HEALTH:

**Chairperson** : Sameer Shamasneh (Palestine)**Rapporteur** : Nasser Al Salmani (Oman)

- **Prevention and education; how Algerian schools have responded to the COVID 19 pandemic:**  
**Didier Jourdan** (*France*)
- **School health services in Taiwan:**  
**MinChien Tsai** (*Taiwan*)
- **It is more than therapy; the basics of school health:**  
**Silvia De Ruiter** (*Netherlands*)
- **Nutrition Friendly School model in Palestine; a valuable investment in Adolescents health**  
**Rania Abu Aita** (*Palestine*)
- **Improving health and nutrition outcomes of school age children through school health and nutrition initiative in Egypt:**  
**Ihab Anwar** (*Save the Children, Egypt*)
- **School-based interventions to promote healthy eating behaviors and physical activity among school students:**  
**Suzan Rajab** (*Palestine*)
- **Parental Involvement and its Association with the Behavior and Wellbeing of Adolescents in Morocco**  
**Abd Allah Tom** (*Sudan*)
- **Inclusion of students with special needs in the Egyptian education system:**  
**Hendrik Lux** (*Germany*)
- **Conflict reflections on school health in Yemen:**  
**Moneera Noman** (*Yemen*)



# DECEMBER 3<sup>rd</sup>, 2021

09:00 – 10:00

## YOUTH ENGAGEMENT IN FP BRINGING CHANGE FOR THE NEW REPUBLIC OF EGYPT JSI PANEL PRESENTATION:

**Chairperson** : Chuanpit Chuo-Oon (SEFPP, Chief of Party)

**Moderator** : Salma Al Tanany (Egypt)

- **Overview; Strengthening Egyptian Family Planning Program**  
**Chuanpit Chuo-Oon** (*Canada*)
- **Government of Egypt's Strategy for Youth Engagement and Adolescent Health and NPC role in Empowering Youth:**  
**Tarek Tawfik** (*Deputy Minister of Health, Egypt*)  
**Faten Ghazi** (*Rapporteur of the National Population Council, Egypt*)
- **“SEFPP Factories Peer Educators” Model:**  
**Mostafa Mamdouh** (*SEFPP, JSI, Egypt*)  
**Sahar Abboud** (*SEFPP, Assiut, Egypt*)
- **“SEFPP’s Youth Competition 2020-2021” Selected Students initiatives**  
**Saida Ahmed and Mohamed Terra** (*EGYPT*)

# DECEMBER 3<sup>rd</sup>, 2021 cont.

10:00 – 11:00

## EVIDENCE FROM THE REGION THE ARAB COALITION SYMPOSIUM

**Chairperson** : UmaiyeH Al Khammash

**Moderator** : Ghada Anwar

- **The COVID-19 Pandemic and the Lifestyle and Psychosocial Impact on Adolescents in Arab Countries:**  
**Fadia Al Buhairan** (*Saudi Arabia*)
- **Barriers for Adolescent Girls Accessing Primary Health Care Services in Lebanon**  
**Beatrice Khater** (*Lebanon*)
- **Adolescents Health services In Iraq:**  
**Thanaa Al Hammami** (*Iraq*)
- **School Health and the University program; The Oman experience**  
**Nasser Al Salmani** (*Oman*)

# DECEMBER 3<sup>rd</sup>, 2021 cont.

11:30 – 12:15 **KEYNOTE SESSION**

**Chairperson** : Omaima Al Gibaly (*Egypt*)

**Rapporteur** : Ghada Al Attar (*Egypt*)

- **What it will take: placing adolescents on the National Agenda ; lessons learned from Palestine:**  
**Salwa Najjab** (*Juzoor*)
- **A Comprehensive Outlook onto the Arab Countries' Current Status, Response Strategies, Challenges, and Ways Forward:**  
**Chokri Benyahia** (*UNFPA*)
- **Adolescent Gynecology: an evolving specialty:**  
**Zoran Stankovic** (*Serbia*)
- **Inequities of mental health research findings:**  
**Danielle Kemmer** (*Canada*)

12:15 – 01:00 **HOME, A MAJOR DETERMINANT OF ADOLESCENT MENTAL WELLBEING**  
**Panel Discussion:**

**Moderator** : Nahla Abdel Tawab (*Population Council, Egypt*)

## PANELISTS:

- Yasmine Saleh (*Egypt*)
- Zeinab Khadr (*Egypt*)
- Judy Diers (*Ford Foundation, USA*)
- Janna Abdel Gawwad (*Futures School, Hurghada*)
- Peter Gamil (*Futures School, Hurghada*)

# DECEMBER 3<sup>rd</sup>, 2021 cont.

01:00 – 01:30 **The Egyptian Society for Adolescent Medicine Seminar:**

**Chairperson** : Nagwa Eid

- **The necessity of transition clinics for adolescents with diabetes:**  
**Shereen Abdel Ghaffar** (Egypt)
- **Making SRH information accessible to adolescents and young people with disabilities:**  
**Magdy Khaled** (Egypt)
- **Sexuality Education; is there one size that fits all?**  
**Mamdouh Wahba** (Egypt)

02:30 – 04:00 **THE LOOK AHEAD SESSION:**

- **Facts of Life: Why HIV Matters for Young People:**  
**UNAIDS PANEL**  
**Moderators:** **Walid Kamal** (Egypt)  
**Samah El Sayed** (Egypt)
- **Youth voices: challenges, opportunities and way forward:**  
**PLAN EGYPT PANEL**  
**Moderator:** **Mariam Yousry** (Egypt)
- **CLOSING COMMENTS:**  
**HE Dr. Mai Al Kaila,**  
Minister of Health, Palestine

04:00 – 04:30 **Finalizing the Declaration**

04:30 – 05:00 **Closing session**

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Notes:

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# PARTNERS

**World Health Organization**  
Eastern Mediterranean



Arab States Regional Office  
United Nations Population Fund



**USAID**  
FROM THE AMERICAN PEOPLE



# COLLABORATORS